Author Guidelines

The author Guidelines include the bibliographic and formatting standards alongside examples of common citation formats to be used in submissions.

2. Authors are required to get registered via Open Journal System prior to submission of manuscript.
3. Once registered, authors are advised to follow the submission guidelines and ensure to have formatted the manuscript according to the format that Gomal University Journal follows.
4. Once the manuscript is received online (OJS), the desk editors will filter the manuscript in the light of Author-Guidelines. Based on the desk review, the manuscript is either sent back to the author(s) for further modifications or sent for review.
5. It is author(s)’ responsibility to ensure that the manuscript has neither been published nor submitted for publication either in parts or as a whole.
6. Manuscripts must be written in clear, concise, grammatically correct language, and formatted according to APA (American Psychological Association) Editorial Style (approved by HEC).

A. APA suggests font = Times New Roman; Font-Size = 12; Line-Spacing = 1.15; Margins=1 Inch – All Sides.
B. There must be 8-12 pages per Article Title Page. The title page should include an informative title, author's name, and complete mailing address including Postal & Online - email, Telephone & Fax No. (First author will be taken for correspondence).
C. Abstract: The abstract includes a brief summary of the problem, research design, major findings and conclusions (max: 1000 Characters or 200 Words).
D. Main-Body: The text should be divided into sections with the following headings:
   i. Introduction: This section provides sufficient background information to set the context of the issue with clear mention of objectives behind the research.
   ii. Literature Review: This section provides the background information about the research variables and their inter-relationships based upon the existing research/literature.
   iii. Research Design: Concise but with sufficient detail to allow replication of methodology.
   iv. Findings/Results: Present them in logical sequence through paragraphs, tables & figures but avoiding repetition. The tables, figures etc., must be placed at where used and not as annexures.
   v. Discussions: Interpret results and relate them with existing knowledge relating to the methods and results of the respective area of research.
   vi. Conclusions: A short but pointed evaluation of the research activity and findings.
7. As per instructions of HEC, GUJR follows the APA Editorial Style therefore; the referencing will be done as:

A. The "Embeed" reference (within text): (2nd name of the Author, year) in case of Book, page no will follow the year–Year: 324) (Author, 2010) Single-Author (Author-1 & Author-2, 2011) Two-Authors (Author et al., 2012) More than Two Authors (Note. All the authors will be mentioned when reference is made for the first time) References are those sources which are USED within text (embedded).

B. They will be placed at the end the manuscript in alphabetical order and formatted as follows: Journal Articles Qureshi, Q. A., Ahmad, I., & Nawaz, A. (2012). Readiness for eHealth in the developing countries like Pakistan. Gomal Journal of Medical Sciences, 10(1):160-163.


I. Tables and Figures Tables and Figures should be placed within text wherever they are used, mentioned or discussed.